

# REFUGE RECOVERY



A Buddhist path toward freedom  
from addiction.

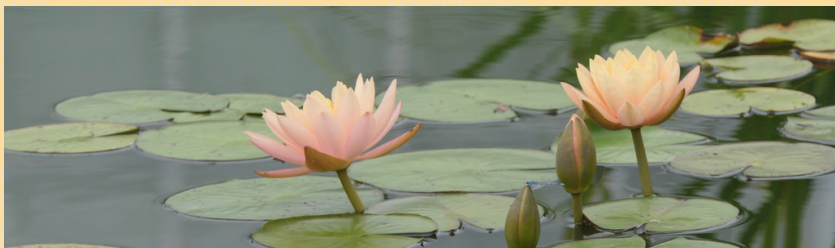
**Refuge Recovery Meetings**  
***Wednesdays 8 pm - 9 pm***

**32 Church Street, Malverne, NY 11565**

*More info at [www.refugerecovery.org](http://www.refugerecovery.org)*

What is Refuge Recovery?

Refuge Recovery is a non-profit organization grounded in the belief that Buddhist principles and practices create a strong foundation for a path to freedom from addiction. This is an approach to recovery that understands: All individuals have the power and potential to free themselves from the suffering that is caused by addiction. We feel confident in the power of the Dharma, if applied, to relieve suffering of all kinds, including the suffering of addiction.



**Meetings are free,  
but donations are  
gratefully accepted**

Questions? email Tina: [tinalear@gmail.com](mailto:tinalear@gmail.com)  
or text her at 516-639-4591